## **Shelby Feeding Instructions**

Created: 2/2016, Updated:

Copies of these documents are on file with Pediatrician, Emergency contact, Google Docs file. Other documents to cross-reference are 'Shelby Meds', 'Shelby Basics', 'Shelby Agencies and Suppliers', and 'Shelby Doctors'.

## **Instructions for filling Infinity Food Pump:**

- 1. fill bag with food
- 2. open pump door
- 3. wrap blue widget around plastic circle
- 4. click in place
- 5. close door
- 6. turn pump on
- 7. push prime to move food down and remove air from tube
- 8. clear total volume from previous day
- 9. use the + or buttons to set the rate- for day time feeds rate is 250ml/hour, night feeds rate is 125ml/hour
- 10. use the + or buttons to set the dose- for first box/feed of day dose is 220ml, 2nd and 3rd day feeds are 250ml
- 11. before starting a new dose clear the previous dose, do not clear the total volume
- 12. before starting a new day clear the previous day's total volume

## Shelby's tube feeding schedule:

Shelby gets most of her nutrition from tube feedings. Total volume for the day is 0000ml (5 boxes of food name reduced calorie)

Day 3- 000 ml feeds	Night 1- 000ml feed
rate 250ml/hr	rate 125ml/hr
1st dose 000ml	1 dose 000ml
wait at least 1.5-2 hours between feeds	start at bedtime 7, 8, or 9pm

## Shelby mouth feeding schedule:

Shelby's mouth feedings supplement her tube feedings. She can tolerate approximately 3 4oz feedings by mouth per day. Do not feed her thin liquids like soup. She gags on multi-textured food like stage 3 purees. No known food allergies. Important to listen to 'junky or phlegmy' sound in back of throat, if she sounds like this give her time to clear her throat. Shelby is at risk for aspiration (food going to her lungs).